



Jesus said, "Have you not read what God said to you, 'I am the God of Abraham, the God of Isaac, and the God of Jacob'. He is not the God of the dead but of the living."



Matthew chapter 22 verse 31, 32

Sunday 6th March 2022

10:30am Communion Worship service at the Community Hall

Our **Sunday groups** for young people, Eagles and Owls will be running today

Live at the hall. For those at the hall, there will be opportunity for and (socially distanced) socialising. Refreshments served at the end of service.

Live on Zoom will be open from 10:00 a.m. Afterwards we will, as last week, have the option of joining others in chat rooms of about 4-5.

If you know of anyone outside of KCBC who joins us, please let them know about the recording or alternatively invite them by passing on the Zoom details. If you need help, please contact one of the tech team, who will be delighted to assist you - David B, Darren, Jack, Phil, Nick, Richard

Prayer chain

Nat Bond 01626 366668 email: natfromfife@gmail.com

If you are not on the chain at the moment, would like to put things on the prayer chain or would like to be involved please talk to Nat.



Pastor: David Goddard

Secretary: kbcscribe@hotmail.com

Newsletter & Website Updates: kbcnews@btinternet.com

Website: <http://kbcchurch.org.uk/>

Facebook group: KCBC at home



Please remember our diary in your daily prayers

Monday 7th March

7:30pm Leadership Meeting

Tuesday 8th March

9:00am KILTS for helpers
10:00am KILTS parents/carers

Wednesday 9th March

7:30pm Homegroup meeting at Haytor Drive
7:30pm Homegroup meeting at Primrose Drive

Friday 11th March

10:30am Knit and Knatter at Christina's more information below

Saturday 12th March

7:30pm Quiz on zoom hosted by Graham link and answer pro-forma to follow

Sunday 13th March

10:30am Worship service at the Community Hall followed by Fellowship Lunch
Michael Trigg is preaching at Loddiswell Congregational Church



Notes for your diary

- **Keswick in Devon 7th to 11th March, Sidmouth** excellent week of stimulating Bible teaching from an exciting line up of speakers, including Amy Orr-Ewing and Marcus Honeysett. More information will be on the table with the offering box.
- **Quiz Saturday 12th March 7:30pm** Link and answer sheet to follow, Graham has kindly agreed to continue to host Quizzes via zoom as long as we have enough interest so invite friends and family and don't forget you can now meet in groups to make up teams.
- **THAT Collection 20th March** more information below
- **Friday outing on 25th March**, 10.30am at the Community Café in Forde Park. A time for coffee, cake and a chat. Please see Christina for more information.
- **Messy Church 26th March** if you can help please let David know
- **Kingsteignton Ram Fair Monday 2nd May** if would like to be involved in the planning for our stall please let David know

From the minister...

Exhibitions. I usually enjoy them. And I did enjoy the Christian Resources Exhibition last week at Westpoint, Exeter. As well as wanting to sell things to churches, such as organs, it is also a place for organisations to promote what they do. I love talking to them even if it is simply to expand my thinking.

The loneliest stand seemed to be the Health and Safety place. Few showed enthusiasm. But just for fun I talked to them and discovered much important information about steps we need to take, despite not having our own premises. A good learning opportunity.

Dipping into something different can help us expand our thinking. It could be a Christian book about something we have little idea about or trying out a new Christian devotional app to see if it suits us.

We may need to do that to help guide us in our prayers for Ukraine. Sometimes I get stuck for what to say, so I borrow the words others have used and make them my own. That is why you had a collection of prayers for Ukraine sent round this week. Different denominations, different ways of expressing prayer yet common themes for what we all want to pray at this time (I have included them again at the end of the newsletter here so that those without e-mail can see them and to remind us all Sarah).

David



KCBC has been regularly and generously donating to THAT Foodbank, thank you all for continuing to contribute to this much needed community work. On **20th March** we have our next scheduled collection and whilst the volunteers are happy to receive any donations as long as food items are in date, there are some specific requirements listed below:

Coffee

Sugar

Tinned Custard

Instant Mashed Potato

Toiletries - Men's Shaving Foam/Gel, Deodorant Men & Women, etc

Homestart requirements: Drinking Glasses

Finally Easter Eggs!

Please could you bring along your items to the Sunday Worship on 20th March, so that the donation can be blessed during the service, and everything will be delivered to the Foodbank on the Monday morning. Thank you in anticipation, once again, for your generosity to the people in our local community.

Sue

Knitting for Nippers....Eggs for Evangelism....Chicks for Christ....

the name is a work in progress but the idea is not just to be able to give a sweet gift to the KILTS little ones but to let them know that they have been loved and prayed for in the process. So this is a commitment not just to create a chick or two, but also to create a relationship between KCBC and the KILTS families and even sow the seed of a relationship between the children and their Saviour.

If you have a tiny bit of knitting know-how and some time to spare please contact Rose or Tricia and we can let you have a pack with everything you need to create a chick to present to a child in KILTS before the Easter break.

It has been suggested that we have a Knit and Knatter session to make this (even!) more fun and possibly trouble shoot for the more amateur knitters amongst us. I would love to host you but obviously can't.

Can I suggest **11th March 10:30am at Christina's** *Rose* rose@kcbchurch.org.uk

The Secret Diary of Rose Aged 113 ^¾

Wednesday

It's a new day and lots to look forward to. The first thing to negotiate is three women in a house all needing a shower in the only bathroom before 7am. We tend to draw lots the night before to see who gets the grim, first slot and then grunt as we pass on the landing.

Chapel prayers is at 8.30 again and M5 / Bristol traffic is such that we need to leave by 7.15am but this time I have real life company in the car not just James Naughtie (had to look up how to spell that. Who knew?) Jade is the minister at Hope in Highbridge and we discuss what we learnt the day before and indeed during the week, how we hope to progress as ministers and where we can see God at work. And what we are hoping to have for lunch; we are human after all.

Tuesdays are all about the academic and Wednesdays are about Ministerial Formation. We can't be trained to be ministers, it's not about ticking boxes and passing tests. It's about finding and developing the gifts that God has given us, acknowledging our weaknesses and understanding where the pitfalls are. The principal, Steve, gives essentially the same talk at the beginning of every year on the subject of money, sex and power because these are the three things that consistently derail a ministerial path. We have all had our callings confirmed by pastors, church meetings and Ministerial Recognition committees but shaping our characters to be the most reliable and effective men and women of God that we can be is still really important.

So we have regular sessions on, for instance, Spirituality and Developing Preaching and then one-off lectures on, for example, Welcoming those with Dementia, Ministry to the Dying, Celebrating Intergenerational Worship, Working Well with Funeral Directors....

It's really good to hear from outside experts and to utilise the wisdom in the room.

Lunch on a Wednesday is AMAZING. Two courses and it always tastes fantastic. So much better for me not having had to cook it obviously.

Afternoons are time for tutor group - sharing a bit of our lives, struggles and joys and reflection groups where we take a specific issue someone is willing to share and practise theological reflection. It's a specific technique of using theology, the Bible and other sources of knowledge and one we are encouraged to use if things are difficult. Knowing ourselves and the baggage we bring to ministry is really important, and helps us avoid the whole money, sex, power thing.

The day finishes off with a communion service. The staff take it in turns to preach and tutor groups run the rest of the service. It's fascinating to see different styles and approaches to the Lord's Supper and a real blessing to share in it with the other important community in my life.

Back to Highbridge and time for a cup of tea so that I miss the traffic on the M5. Jade and her housemate let me leave stuff in "my" room so there is not too much packing and then I hit the road. I try to get back for 7.25 because then I can take Theo to bell ringing practice and *then* I can put on my PJs and collapse a bit.



HOME MISSION STAMPS

Please save all your stamps and encourage family and friends to do so



Stamps should have a 12mm or 1/2 inch border, please then give them to Rita who will sort them and send them on our behalf.

Therefore encourage one another and build each other up, just as in fact you are doing" 1 Thess. 5:11



We need to encourage each other and stay connected. Do you have a Bible verse, poem, passage or song or any of the following? Something you are thankful for. Something that has made you laugh. If you have found something online that would be a good resource for us, please share. If you don't feel comfortable sharing in "person" this may be the way for you to encourage others.

Sarah



Prayers for Ukraine

Baptist World Alliance

A prayer of peace from Russian Baptist women.

Isaiah 43:19 – "Behold, I am going to do something new, Now it will spring up; Will you not be aware of it? I will even make a roadway in the wilderness."

Relying on God's promise and the power of prayers, we do believe that God is able to make a road to peace between our two countries. Russian women are praying and fasting in this critical situation and would like to share our commitment to pray in one spirit with European women and Baptist women worldwide:

Our Heavenly Father, we come to you with humble hearts as to the Lord of History who holds the destiny of Ukraine and Russia in His hands. Lord, we come to you in the name of your Son Jesus Christ, the Prince of Peace, who brought your Peace – Shalom – to the earth. Forgive us when we do not abide in your peace.

- We pray for people of the land of Ukraine whose dreams, hope, health, properties and life itself are damaged and destroyed. Be their hope, provider and healer.
- We pray for children and mothers who are vulnerable and live in fear for years. Protect them, comfort them, and embrace them with your love.
- We pray for wisdom for the leaders of Ukraine and Russia. Guide them toward the path of peace.
- We pray for the world leaders, politicians, and diplomats making efforts to solve the tension between Ukraine and Russia.
- We pray for military forces - that your commandment "you shall not kill" will have a mighty power over their hearts and minds.
- We proclaim your victory over all principalities and evil powers.

In the name of the Father, the Son, and the Holy Spirit – Amen!

Church of England

*Almighty God,
from whom all thoughts of truth and peace proceed:
kindle, we pray, in the hearts of all, the true love of peace
and guide with your pure and peaceable wisdom
those who take counsel for the nations of the earth
that in tranquillity your kingdom may go forward,
till the earth is filled with the knowledge of your love;*

*through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.*

*We pray for the leaders of the nations,
that you will guide them in the ways of freedom, justice and truth.*

We pray for those who bear arms on behalf of the nation,
that they may have discipline and discernment,
courage and compassion.

We pray for our enemies, and those who wish us harm,
that you will turn the hearts of all to kindness and friendship.

We pray for the wounded and the captive,
the grieving and the homeless,
that in all their trials they may know your love and support.

Most holy God and Father,
hear our prayers for all who strive for peace
and all who fight for justice.
Help us, who today remember the cost of war,
to work for a better tomorrow;
and, as we commend to you lives lost in terror and conflict,
bring us all, in the end, to the peace of your presence;
through Christ our Lord.
Amen.

United Reformed Church

God of all,
with alarm and concern we bring before you
the military intervention in Ukraine.

In a world you made for peace and flourishing,
we lament the use of armed force.

We mourn every casualty of this conflict,
every precious life extinguished by war.
We pray comfort for those who grieve
and those who are fearful.

Hear our longing that leaders and nations
will honour the worth of all people
by having the courage
to resolve conflict through dialogue.

May all our human failings be transformed
by your wonderful grace and goodness.

We ask this in the name of Christ,
the author of peace and sustainer of Creation.
Amen.

Methodist Church

Holy and Gracious God

We pray for the people of the Ukraine and the people of Russia; for their countries and their leaders.

We pray for all those who are afraid; that your everlasting arms hold them in this time of great fear.

We pray for all those who have the power over life and death; that they will choose for all people life, and life in all its fullness.

We pray for those who choose war; that they will remember that you direct your people to turn our swords into ploughshares and seek for peace.

We pray for leaders on the world stage; that they are inspired by the wisdom and courage of Christ.

Above all, Lord, today we pray for peace for Ukraine.

And we ask this in the name of your blessed Son.

Lord have mercy.

Amen

CAFOD

Loving God,
We pray for the people of Ukraine,
for all those suffering or afraid,
that you will be close to them and protect them.

We pray for world leaders,
for compassion, strength and wisdom to guide their choices.

We pray for the world
that in this moment of crisis,
we may reach out in solidarity
to our brothers and sisters in need.

May we walk in your ways
so that peace and justice
become a reality for the people of Ukraine
and for all the world.

Amen.

'How to join the Sunday Service via Zoom'.

1. Go onto the internet and type kcbchurch.org.uk
2. On the Home Page (the first page with the Coronavirus statement) in the top right-hand corner is a green bar and on it is written "online service" with an arrow.
3. Click on the green bar/arrow and you'll go straight to the video.
4. Either press play or it will automatically start playing



FREE NHS WELLBEING WORKSHOPS

Looking after your mental health and wellbeing has never been more important. This time of year can be particularly challenging for many, and as a result [TALKWORKS](#) (an NHS confidential talking therapy service, based in Devon) is running a selection of free wellbeing workshops, to help participants learn more about how they can improve their mental and physical wellbeing. All of the workshops are run online via Microsoft Teams, so that you can attend from the comfort of your own home or a location that's convenient for you.

The workshops cover a number of different topics, including:

- [TALKWORKS for Sleep](#): Do you struggle to get to sleep or find yourself waking up at night? TALKWORKS For Sleep is a two hour session looking at common sleep problems and evidence based ways of improving sleep
- [Stress Less with TALKWORKS](#): Stress can impact us all differently, and can be hard to manage. In this session, you'll be introduced to a range of techniques to help you manage stress and make manageable changes, to help you to feel healthier and happier
- [Introduction to Mindfulness](#): Take part in guided meditation practises and learn the benefits of mindfulness in this educational and informative 75 minute session
- [TALKWORKS for Talking Health](#): Do you, or does someone you love, live with a long term health condition? Learn more about how you can manage living with the condition and the support that TALKWORKS [Talking Health team](#) can give

If you are interested in finding out more, please visit the [Wellbeing Workshops page](#) on the TALKWORKS website, or call 0300 555 3344 to speak to a member of the team and book your place. You can also find out more about the support TALKWORKS can offer anyone living in Devon (over the age of 18) struggling with low mood, stress, sleep deprivation or anxiety on the [TALKWORKS website](#). As part of the NHS, all treatment is available free of charge.