

"Love your neighbour as yourself." Love does no harm to a neighbour. Therefore, love is the fulfilment of the law.



Romans chapter 13 verse 10

# Sunday 27th February 2022

10:30am Worship service at the Community Hall

Our **Sunday groups** for young people, Eagles and Owls will NOT be running today

**Live at the hall.** For those at the hall, there will be opportunity for and (socially distanced) socialising. Refreshments served at the end of service.

**Live on Zoom** will be open from 10:00 a.m. Afterwards we will, as last week, have the option of joining others in chat rooms of about 4-5.

If you know of anyone outside of KCBC who joins us, please let them know about the recording or alternatively invite them by passing on the Zoom details. If you need help, please contact one of the tech team, who will be delighted to assist you - David B, Darren, Jack, Phil, Nick, Richard

#### Prayer chain

Nat Bond 01626 366668 email: natfromfife@gmail.com

If you are not on the chain at the moment, would like to put things on the prayer chain or would like to be involved please talk to Nat.





**Pastor:** David Goddard

Secretary: <a href="mailto:kcbcscribe@hotmail.com">kcbcscribe@hotmail.com</a>

Newsletter & Website Updates: <a href="mailto:kcbcnews@btinternet.com">kcbcnews@btinternet.com</a>

Website: <a href="http://kcbchurch.org.uk/">http://kcbchurch.org.uk/</a>
Facebook group: KCBC at home



# Please remember our diary in your daily prayers

## Monday 28th February

2:00pm David meeting with Kingsteignton Clergy

# Tuesday 1st March

9:00am KILTS for helpers 10:00am KILTS parents/carers

## Wednesday 2<sup>nd</sup> March

6:45pm David leading Town Council prayers

#### Friday 4th March

2:30pm World Day of Prayer at St Michael's Church, Kingsteington see below

# Saturday 5th March

2:00pm Beach Ramble at Dawlish Warren

### Sunday 6th March

10:30am Communion Worship service at the Community Hall

Owls and Eagles groups will be meeting



# Notes for your diary

- **Keswick in Devon 7<sup>th</sup> to 11<sup>th</sup> March, Sidmouth** excellent week of stimulating Bible teaching from an exciting line up of speakers, including Amy Orr-Ewing and Marcus Honeysett. More information will be on the table with the offering box.
- Fellowship Lunch Sunday 13th March
- **Kingsteignton Ram Fair Monday 2<sup>nd</sup> May** if would like to be involved in the planning for our stall please let David know
- Quiz Graham has kindly agreed to continue to host Quizzes via zoom as long as we have enough interest so invite friends and family and don't forget you can now meet in groups to make up teams.

**Dawlish Warren Outing** Saturday 5<sup>th</sup> March meet at 2pm at the far end of the main car park (next to the nature reserve). We will have no particular things to achieve, no targets, no time limit, no time to clear up. You can go for a walk with others over the sand dunes and nature reserve, you can go to the café area to sit and chat. Or both. You can even play a round of golf, birdwatch or play arcade games, whatever helps you spend time with others. It is time together.

Weather permitting, it will be a great afternoon. And let David know if you need a lift. Dawlish, here we come!

# **World Day of Prayer**

The service this year is written by the ladies of England, Wales and Northern Ireland with the theme 'I know the plans I have for you' Services take place all over the world on the 4th March and Kingsteignton's is at 2.30 in St.Michael's church. I have been asked to read as representative of KCBC and would value your prayers, do come along and join us.

Tess

# From the minister...

Evangelism. Witnessing. Sharing faith. No matter what you call it, letting non-church people know about our faith is one thing that makes so many Christians scared. Including me at times. We fear being put on the spot, having to answer impossible questions or simply being looked down upon. I used to get worried about people at school knowing I was a birder (or bird spotter as they annoying called it) with the ensuing quip, 'What sort of birds, eh?' But nothing as hard as saying I am a Christian.

Sometimes I make it too complicated. I don't get along with pushy salespeople, others don't get on with pushy Christians. But it doesn't have to be like that. The Kingsteignton garden project is a community project that may go ahead and KCBC has the opportunity to join with, using it as a place to get alongside people who need the therapy of gardening with others. That is good in its own right as an expression of our faith and it is also a place to get alongside others, sharing in their lives and them sharing in ours. That's the theory, at least. But the Lord works in unpredictable ways.

Last week I joined with one other person who leads the project and we put in a couple of hours weeding and removing rocks. Truth is, most of the time we talked about faith, my story of what led to my coming to faith, their story of church in childhood now avoided. And we swapped ideas of what faith really was – trust and loyalty rather than feeling and transcendence.

I never expected that. But put ourselves in the community alongside others, and 'evangelism' takes on a whole new slant. And it is quite natural and not scary. And we are more likely to be listened to.



# Masks and all that

Our current practice is to request masks to be worn during singing and when moving around the hall. Though Covid cases are still around, the threat to health is significantly lower due to vaccines, as we know. Therefore, this is a good time to consider whether we could relax the request for mask use during singing.

This Sunday, there will be no change in what is asked to last week - mask up for singing, please. Then you will be asked during the week to complete a Survey Monkey online questionnaire which will ask if you think you are safe enough should others to sing without a mask. You, of course, can wear a mask at any time and we will continue to have seating around the open door at the front. Now we need to let each other know whether others not wearing a mask during singing is a problem for you.

So, look out for the email going out on Sunday, go online and send in your response. Please can you get it done by Thursday 24<sup>th</sup>. For those who don't have access to the technology, you can speak to one of the Leadership Team know or give me a call.

David (on behalf of the Leadership Team)

# Knitting for Nippers....Eggs for Evangelism....Chicks for Christ....

the name is a work in progress but the idea is not just to be able to give a sweet gift to the KILTS little ones but to let them know that they have been loved and prayed for in the process. So this is a commitment not just to create a chick or two, but also to create a relationship between KCBC and the KILTS families and even sow the seed of a relationship between the children and their Saviour.

If you have a tiny bit of knitting know-how and some time to spare please contact Rose or Tricia and we can let you have a pack with everything you need to create a chick to present to a child in KILTS before the Easter break.

It has been suggested that we have a Knit and Knatter session to make this (even!) more fun and possibly trouble shoot for the more amateur knitters amongst us. I would love to host you but obviously can't.

Can I suggest 11th March 11am or 14th March 11am?

If someone would like to offer a space and a kettle, I can provide comestibles and incompetent knitting to make you all feel better.

Rose rose@kcbchurch.org.uk



### **HOME MISSION STAMPS**

# Please save all your stamps and encourage family and friends to do so



Stamps should have a 12mm or 1/2 inch border, please then give them to Rita who will sort them and send them on our behalf.

Therefore encourage one another and build each other up, just as in fact you are doing" 1 Thess. 5:11



We need to encourage each other and stay connected. Do you have a Bible verse, poem, passage or song or any of the following? Something you are thankful for. Something that has made you laugh. If you have found something online that would be a good resource for us, please share. If you don't feel comfortable sharing in "person" this may be the way for you to encourage others. **Sarak** 

# Give thanks to the Lord for He is good, His love endures forever Psalm: 118



We held our church members' AGM on 25<sup>th</sup> January at which I reported about the church finances. Looking back to 2021 we saw that over the year our expenditure was only just over budget, but was still about £3800 higher than our income. Looking forward, I am pleased to report we have had a substantial donation, which has enabled us to appoint Rose Millard as Minister-in-Training for 2 years, to fund our outward facing work with KILTS and Messy Church, and to cover the 2021 deficit. We have set the 2022 budget to cover the normal day-to-day running costs of the church plus this extra expenditure that will be funded by the donation. Although this puts us on a much firmer financial footing, our costs continue to rise and if you haven't done so recently, now would be a good time to review your giving to the church.

Our pattern of giving changed during 2020 and 2021 with more of us giving directly by monthly bank standing order. Please let me know if you would like to give in this way and I will send you all the details. We also still have a weekly offering of cash or cheque, and the offering box can be found on the table towards the front left of the hall as viewed from the door coming in. You can put your gift in it at any time. The money we give in this way has the extra benefit of generating Gift Aid for us at a rate of 25p for every £1 given. This and the Gift Aid from the direct giving is a significant source of our overall income.

The last two years have been challenging for us financially, but we continue to thank God for his provision during this period and for enabling and resourcing us to reach out to the community around us with the good news of Jesus Christ.

David Butler, Church Treasurer <a href="mailto:treasurer@kcbchurch.org.uk">treasurer@kcbchurch.org.uk</a>

## FREE NHS WELLBEING WORKSHOPS

Looking after your mental health and wellbeing has never been more important. This time of year can be particularly challenging for many, and as a result <u>TALKWORKS</u> (an NHS confidential talking therapy service, based in Devon) is running a selection of free wellbeing workshops, to help participants learn more about how they can improve their mental and physical wellbeing. All of the workshops are run online via Microsoft Teams, so that you can attend from the comfort of your own home or a location that's convenient for you.

The workshops cover a number of different topics, including:

- TALKWORKS for Sleep: Do you struggle to get to sleep or find yourself waking up at night? TALKWORKS For Sleep is a two hour session looking at common sleep problems and evidence based ways of improving sleep
- Stress Less with TALKWORKS: Stress can impact us all differently, and can be hard to manage. In this session, you'll be introduced to a range of techniques to help you manage stress and make manageable changes, to help you to feel healthier and happier
- <u>Introduction to Mindfulness</u>: Take part in guided meditation practises and learn the benefits of mindfulness in this educational and informative 75 minute session
- TALKWORKS for Talking Health: Do you, or does someone you love, live with a long term health condition? Learn more about how you can manage living with the condition and the support that TALKWORKS <u>Talking Health team</u> can give

If you are interested in finding out more, please visit the <u>Wellbeing Workshops page</u> on the TALKWORKS website, or call 0300 555 3344 to speak to a member of the team and book your place. You can also find out more about the support TALKWORKS can offer anyone living in Devon (over the age of 18) struggling with low mood, stress, sleep deprivation or anxiety on the <u>TALKWORKS website</u>. As part of the NHS, all treatment is available free of charge.

# 'How to join the Sunday Service via Zoom'.

- 1. Go onto the internet and type kcbchurch.org.uk
- 2. On the Home Page (the first page with the Coronavirus statement) in the top right-hand corner is a green bar and on it is written "online service" with an arrow.
- 3. Click on the green bar/arrow and you'll go straight to the video.
- 4. Either press play or it will automatically start playing

