



Let Him have all your worries and cares, for He is always thinking about you and watching everything that concerns you. 1 Peter 5:7

24th February 2019

10:30 am Worship Service

Sermon: Luke 22:39-46 Prayer - it's just you

If you miss a sermon they are available on our website

<http://kcbchurch.org.uk/>

11:00am Sunday Club



Prayer is available after the service from our Prayer Ministry Team at the front of the church, if you would prefer a quieter room please ask one of the team.

Prayer chain Nat Bond 01626 366668 email: bond.nat@btinternet.com

If you are not on the chain at the moment and would like involved please talk to Nat.

For those who use a hearing aid, a hearing loop is provided in the main hall. To use: switch to the 'T' position.

If you are visiting we are pleased to have you with us, please take time to write in the visitor's book and stay for tea or coffee after the service.





Please remember our diary in your daily prayers

Tuesday 26th February

10:00 am Kilts

10:00am CAP United Conference Exeter

Wednesday 27th February

7:30pm Homegroups

Thursday 28th February

7:30pm Homegroups

Friday 1st March

2:30pm Women's World Day of Prayer at St.Michael's Church. The service is written by the women of Slovenia this year.

Sunday 3rd March

10:30 am Communion Worship Service

7:30pm Word Alive



THANK YOU to all those who supported our Pancake Party in aid of Christians Against Poverty last Tuesday

Wow! it really was flippin' marvellous; the total raised for CAP Teignbridge was

£652.93p

Make a note in your diary

Line Dancing



Regardless of your line dancing experience, you are invited to come along to this KCBC social event on **Saturday 16th March**. We will start at 6:30 p.m. and finish by about 9:00. Light refreshments and nibbles all included in the cost, which is a bargain at £5 for adults, £1 for children. This is a great event to invite friends to and judging by the last one, suitable for children. Tickets will be available shortly.

Mental Health and Young People

A Study Day to help support children and young people's mental wellbeing in the church, home and community. A recent NHS report showed that one in eight people aged 5-19 has a diagnosable mental health condition.

In our families, communities and churches we are well placed to create places of understanding and support for children and young people and their carers'. This study day is laid on by SWBA to equip us to offer appropriate support. It is for church workers, parents, pastoral care teams and anyone concerned to support good mental health in our young people.

Time: 30th March 2019, 10 a.m. to 3 p.m.

Place: South Street Baptist Church, Exeter Cost: £15

Booking: Essential, through SWBA at

<https://swbaptists.org.uk/event/mental-health-young-people-day/> or see David.



We are thinking of running an Alpha Course at KCBC. But what is it?

Alpha is a series of sessions exploring the Christian faith. Each talk looks at a different question around faith and is designed to create conversation. Alpha is run all around the globe, and everyone's welcome. It runs in cafés, churches, universities, homes—you name it. No two Alphas look the same, but generally they have three key things in common: food, a talk and good conversation.

To run one, we will have to think how to pitch it in our context, then, using the many resources, plan the course. All we need now is a team of people willing to meet and discuss. Pray about whether this is something you could be a part of - or maybe come as a guest and explore faith for yourself.

'It Takes Two' - Building a lasting marriage

This event is for anyone who wants to invest a little more in their relationship. Whether your marriage is in good shape or things are difficult right now, whether you've been married for many years or you've just got together, this event will strengthen your relationship.

The event is run by Care For the Family and is in Plymouth on Tuesday 19th March, 7:30 p.m.

To book: 029 2081 0800 cff.org.uk/ittakestwo

More information is on the noticeboard

“Therefore encourage one another and build each other up, just as in fact you are doing” 1 Thess. 5:11



Do you have a bible verse, poem, passage or song etc. that has been of encouragement or that you are thankful for that you would like to share? If so please let me know so that I

can include it in the newsletter and we can all encourage each other. *Sarah*