



*Therefore, as God's chosen people, holy and dearly loved,
clothe yourselves with compassion, kindness, humility,
gentleness and patience.*



Colossians chapter 3 verse 12

Sunday 20th March 2022

10:30am Communion Worship service at the Community Hall with THAT collection

Our **Sunday groups** for young people, Eagles and Owls will be running today

Live at the hall. For those at the hall, there will be opportunity for and (socially distanced) socialising. Refreshments served at the end of service.

Live on Zoom will be open from 10:00 a.m. Afterwards we will, as last week, have the option of joining others in chat rooms of about 4-5.

If you know of anyone outside of KCBC who joins us, please let them know about the recording or alternatively invite them by passing on the Zoom details. If you need help, please contact one of the tech team, who will be delighted to assist you - David B, Darren, Jack, Phil, Nick, Richard

Prayer chain

Nat Bond 01626 366668 email: natfromfife@gmail.com

If you are not on the chain at the moment, would like to put things on the prayer chain or would like to be involved please talk to Nat.



Pastor: David Goddard

Secretary: kbcscribe@hotmail.com

Newsletter & Website Updates: kbcnews@btinternet.com

Website: <http://kbcchurch.org.uk/>

Facebook group: KCBC at home



Please remember our diary in your daily prayers

Monday 21st March

7:30pm Leadership meeting on Zoom

Tuesday 22nd March

9:00am KILTS for helpers

10:00am KILTS parents/carers

Wednesday 23rd March

7:30pm Homegroup meeting at Haytor Drive

7:30pm Homegroup meeting at Primrose Drive

Friday 25th March

10:30am Friday outing at the Community Café in Forde Park. A time for coffee, cake and a chat. Please see Christina for more information.

Saturday 26th March

8:30am Messy Church set up

9:00am Messy Church

7:30pm Quiz on zoom hosted by Graham link and answer pro-forma to follow

Sunday 27th March

10:30am Worship service at the Community Hall

From the minister...

We see the war in Ukraine narrated as it happens in word, picture and video. But it is happening out there. Reporters try to get us to feel what it is like being in the war zone but it is still out there, a fair distance from us. Refugees flood the European mainland. But that still seem remote from us. But now the need comes close as the government invites us to house and look after Ukrainian refugees. Do we have a part to play now?

Not everyone can offer accommodation for 6 months or more but maybe we can act as a church. An email from me has gone round giving details of a couple of charities that work with churches to help refugees and if your response is positive, we will explore more what we can do. My hope is that in Teignbridge district there will be a number of Ukrainians who will be looked after and that we will be able to network with support groups.

What can we offer? That is something to think about. It maybe a befriending role, spending time helping people navigate their way around English culture and rules, and learning the language. It could be helping provide furnishings for those given state housing. The Lord may have a role for us, so be open to the Lord's will for us. And with Rose's exploration of a befriending ministry for the lonely, maybe the Lord is calling you to join others in taking a step into the unknown to reach out to those in need.

David



Notes for your diary

- **Friday outing on 25th March**, 10.30am at the Community Café in Forde Park. A time for coffee, cake and a chat. Please see Christina for more information.
- **Messy Church 26th March** if you can help please let David know
- **Quiz** The next quiz is on 26th March at 7:30pm Graham has kindly agreed to continue to host Quizzes via zoom as long as we have enough interest so invite friends and family and don't forget you can now meet in groups to make up teams.
- Monday 28th March 2:00pm **Snowdrop group's fortnightly** meeting this time at Mary & Steve Grubb's home
- **Kingsteignton Ram Fair Monday 2nd May** if would like to be involved in the planning for our stall please let David know



Prayer for Ukraine – A Prayer for Peace



God of peace and justice,
 we pray for the people of Ukraine today.
 We pray for peace and the laying down of weapons.
 We pray for all those who fear for tomorrow,
 that your Spirit of comfort would draw near to them.
 We pray for those with power over war or peace,
 for wisdom, discernment and compassion to guide their decisions.

Above all, we pray for all your precious children,
 at-risk and in fear, that you would hold and protect them.

We pray in the name of Jesus, the Prince of Peace.

Amen

Archbishop Justin Welby
 Archbishop Stephen Cottrell

A Message from Rose

Loneliness will affect us all at some point in our lives. We probably all recognise that feeling of isolation from others -sometimes when we are standing in a crowded room. It's all about the quality of connection we share with other people and the pandemic has really shown up those of us who feel lonely, unheard or disregarded in some way. None of us are immune to needing human interaction but if we know who we are in Christ and we know the power of God's love and Spirit walking beside us it can really help with feelings of loneliness. It also makes us the ideal people to think about walking alongside those who are struggling with feelings of loneliness.

You may remember that I mentioned at a Members' Meeting a few weeks ago that I was exploring the possibility of starting a befriending or listening service for people in Kingsteignton. I am still exploring and am now at the stage when it would be great to know how many people would you be interested in being involved. No commitment at this time, just an indication of whether you would like to know more.

Please email me on rose@kcbchurch.org.uk.

And please, don't discount yourself if you have been or even are lonely. Christina did a beautiful retelling of the woman washing Jesus' feet with her tears and perfume on Sunday for Owls and I was reminded that those who have been forgiven much, love much. Those who have experienced pain and felt supported are often those most capable of giving that support back.

Rose



HOME MISSION STAMPS

Please save all your stamps and encourage family and friends to do so



Stamps should have a 12mm or 1/2 inch border, please then give them to Rita who will sort them and send them on our behalf.

Therefore encourage one another and build each other up, just as in fact you are doing" 1 Thess. 5:11



We need to encourage each other and stay connected. Do you have a Bible verse, poem, passage or song or any of the following? Something you are thankful for. Something that has made you laugh. If you have found something online that would be a good resource for us, please share. If you don't feel comfortable sharing in "person" this may be the way for you to encourage others.

Sarah



Prayers for Ukraine

Baptist World Alliance

A prayer of peace from Russian Baptist women.

Isaiah 43:19 – "Behold, I am going to do something new, Now it will spring up; Will you not be aware of it? I will even make a roadway in the wilderness."

Relying on God's promise and the power of prayers, we do believe that God is able to make a road to peace between our two countries. Russian women are praying and fasting in this critical situation and would like to share our commitment to pray in one spirit with European women and Baptist women worldwide:

Our Heavenly Father, we come to you with humble hearts as to the Lord of History who holds the destiny of Ukraine and Russia in His hands. Lord, we come to you in the name of your Son Jesus Christ, the Prince of Peace, who brought your Peace – Shalom – to the earth. Forgive us when we do not abide in your peace.

- We pray for people of the land of Ukraine whose dreams, hope, health, properties and life itself are damaged and destroyed. Be their hope, provider and healer.
- We pray for children and mothers who are vulnerable and live in fear for years. Protect them, comfort them, and embrace them with your love.
- We pray for wisdom for the leaders of Ukraine and Russia. Guide them toward the path of peace.
- We pray for the world leaders, politicians, and diplomats making efforts to solve the tension between Ukraine and Russia.
- We pray for military forces - that your commandment "you shall not kill" will have a mighty power over their hearts and minds.
- We proclaim your victory over all principalities and evil powers.

In the name of the Father, the Son, and the Holy Spirit – Amen!

Church of England

Almighty God,

from whom all thoughts of truth and peace proceed:

kindle, we pray, in the hearts of all, the true love of peace

and guide with your pure and peaceable wisdom

those who take counsel for the nations of the earth

that in tranquillity your kingdom may go forward,

till the earth is filled with the knowledge of your love;

through Jesus Christ your Son our Lord, who is alive and reigns with you,

*in the unity of the Holy Spirit,
one God, now and for ever.*

*We pray for the leaders of the nations,
that you will guide them in the ways of freedom, justice and truth.*

We pray for those who bear arms on behalf of the nation,
that they may have discipline and discernment,
courage and compassion.

We pray for our enemies, and those who wish us harm,
that you will turn the hearts of all to kindness and friendship.

We pray for the wounded and the captive,
the grieving and the homeless,
that in all their trials they may know your love and support.

Most holy God and Father,
hear our prayers for all who strive for peace
and all who fight for justice.

Help us, who today remember the cost of war,
to work for a better tomorrow;
and, as we commend to you lives lost in terror and conflict,
bring us all, in the end, to the peace of your presence;
through Christ our Lord.

Amen.

United Reformed Church

God of all,
with alarm and concern we bring before you
the military intervention in Ukraine.

In a world you made for peace and flourishing,
we lament the use of armed force.

We mourn every casualty of this conflict,
every precious life extinguished by war.
We pray comfort for those who grieve
and those who are fearful.

Hear our longing that leaders and nations
will honour the worth of all people
by having the courage
to resolve conflict through dialogue.

May all our human failings be transformed
by your wonderful grace and goodness.

We ask this in the name of Christ,
the author of peace and sustainer of Creation.
Amen.

Methodist Church

Holy and Gracious God

We pray for the people of the Ukraine and the people of Russia; for their countries and their leaders.

We pray for all those who are afraid; that your everlasting arms hold them in this time of great fear.

We pray for all those who have the power over life and death; that they will choose for all people life, and life in all its fullness.

We pray for those who choose war; that they will remember that you direct your people to turn our swords into ploughshares and seek for peace.

We pray for leaders on the world stage; that they are inspired by the wisdom and courage of Christ.

Above all, Lord, today we pray for peace for Ukraine.

And we ask this in the name of your blessed Son.

Lord have mercy. Amen

CAFOD

Loving God,

We pray for the people of Ukraine,
for all those suffering or afraid,
that you will be close to them and protect them.

We pray for world leaders,
for compassion, strength and wisdom to guide their choices.

We pray for the world
that in this moment of crisis,
we may reach out in solidarity
to our brothers and sisters in need.

May we walk in your ways
so that peace and justice
become a reality for the people of Ukraine
and for all the world.

Amen.

'How to join the Sunday Service via Zoom'.

1. Go onto the internet and type kbcchurch.org.uk
2. On the Home Page (the first page with the Coronavirus statement) in the top right-hand corner is a green bar and on it is written "online service" with an arrow.
3. Click on the green bar/arrow and you'll go straight to the video.
4. Either press play or it will automatically start playing



FREE NHS WELLBEING WORKSHOPS

Looking after your mental health and wellbeing has never been more important. This time of year can be particularly challenging for many, and as a result [TALKWORKS](#) (an NHS confidential talking therapy service, based in Devon) is running a selection of free wellbeing workshops, to help participants learn more about how they can improve their mental and physical wellbeing. All of the workshops are run online via Microsoft Teams, so that you can attend from the comfort of your own home or a location that's convenient for you.

The workshops cover a number of different topics, including:

- [TALKWORKS for Sleep](#): Do you struggle to get to sleep or find yourself waking up at night? TALKWORKS For Sleep is a two hour session looking at common sleep problems and evidence based ways of improving sleep
- [Stress Less with TALKWORKS](#): Stress can impact us all differently, and can be hard to manage. In this session, you'll be introduced to a range of techniques to help you manage stress and make manageable changes, to help you to feel healthier and happier
- [Introduction to Mindfulness](#): Take part in guided meditation practises and learn the benefits of mindfulness in this educational and informative 75 minute session
- [TALKWORKS for Talking Health](#): Do you, or does someone you love, live with a long term health condition? Learn more about how you can manage living with the condition and the support that TALKWORKS [Talking Health team](#) can give

If you are interested in finding out more, please visit the [Wellbeing Workshops page](#) on the TALKWORKS website, or call 0300 555 3344 to speak to a member of the team and book your place. You can also find out more about the support TALKWORKS can offer anyone living in Devon (over the age of 18) struggling with low mood, stress, sleep deprivation or anxiety on the [TALKWORKS website](#). As part of the NHS, all treatment is available free of charge.