



*For you created my inmost being;
you knit me together in my mother's womb.*

Psalms 139 verse 13

Sunday 13th March 2022

10:30am Worship service at the Community Hall including the dedication of Alfie Perring.
We welcome his family and friends to our shared time in worship.
Followed by Fellowship Lunch

Michael Trigg is preaching at Loddiswell Congregational Church

Our **Sunday groups** for young people, Eagles and Owls will be running today

Live at the hall. For those at the hall, there will be opportunity for and (socially distanced) socialising. Refreshments served at the end of service.

Live on Zoom will be open from 10:00 a.m. Afterwards we will, as last week, have the option of joining others in chat rooms of about 4-5.

If you know of anyone outside of KCBC who joins us, please let them know about the recording or alternatively invite them by passing on the Zoom details. If you need help, please contact one of the tech team, who will be delighted to assist you - David B, Darren, Jack, Phil, Nick, Richard

Prayer chain

Nat Bond 01626 366668 email: natfromfife@gmail.com

If you are not on the chain at the moment, would like to put things on the prayer chain or would like to be involved please talk to Nat.



Pastor: David Goddard

Secretary: kbcscribe@hotmail.com

Newsletter & Website Updates: kbcnews@btinternet.com

Website: <http://kbcchurch.org.uk/>

Facebook group: KCBC at home



Please remember our diary in your daily prayers

Monday 14th March

2:00pm Snowdrop group meeting at Nat & Helen's home

Tuesday 15th March

9:00am KILTS for helpers
10:00am KILTS parents/carers

Friday 18th March

10:00am David and Rose at meeting with local Baptist ministers

Sunday 20th March

10:30am Worship service at the Community with THAT Collection more information below

From the minister...

Global warming was not a worry in the second half of the 20th century. Nuclear war definitely was and a very real possibility. The film industry helps us to play out our fears and we see this in the older films such as the nuclear threat in the James Bond film, 'The Spy Who Loved Me.' More recent fears are on display such as global warming disasters in 'The Day After Tomorrow,' an asteroid impact in 'Armageddon,' and a global pandemic in 'Contagion'. After Covid 19, we know such scenarios are more than mere doom-mongering.

Anxiety over world events is naturally running high, with a greater level of worry noted even in younger children as climate concerns are constantly put before them. So how do we deal with our concerns, especially over events in Ukraine? It is surely nowhere near as frightening as it is for Ukrainians, but for us it is real nonetheless. We may well be anxious.

The Apostle Peter wrote, '*Cast all your anxieties on Him, for he cares for you.*' (1Peter 5:7) He wasn't being trite and he assumed we have real anxieties. He directs us to bring them to the Lord so we are ready for all that the Lord does. What the Lord might do, we are not privy to knowing, but rather than hiding from what is going on, or allowing ourselves to be pushed down by worry we can go about living out our Christian lives, 'business as usual.' Praying, showing compassion, giving. And we can do that because we, along with all God's people, are deeply cared for.

David



Notes for your diary

- **THAT Collection 20th March** more information below
- **Friday outing on 25th March**, 10.30am at the Community Café in Forde Park. A time for coffee, cake and a chat. Please see Christina for more information.
- **Messy Church 26th March** if you can help please let David know
- **Quiz** The next quiz is on 26th March at 7:30pm Graham has kindly agreed to continue to host Quizzes via zoom as long as we have enough interest so invite friends and family and don't forget you can now meet in groups to make up teams.
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- **Kingsteignton Ram Fair Monday 2nd May** if would like to be involved in the planning for our stall please let David know



KCBC has been regularly and generously donating to THAT Foodbank, thank you all for continuing to contribute to this much needed community work. On **20th March** we have our next scheduled collection and whilst the volunteers are happy to receive any donations as long as food items are in date, there are some specific requirements listed below:

Coffee

Sugar

Tinned Custard

Instant Mashed Potato

Toiletries - Men's Shaving Foam/Gel, Deodorant Men & Women, etc

Homestart requirements: Drinking Glasses

Finally Easter Eggs!

Please could you bring along your items to the Sunday Worship on 20th March, so that the donation can be blessed during the service, and everything will be delivered to the Foodbank on the Monday morning. Thank you in anticipation, once again, for your generosity to the people in our local community.

Sue

Snowdrop Group

The Monday Homegroup has named itself the Snowdrop Group. The first time we met at Nat's house the beautiful snowdrops were breaking through the cold ground to give us hope of new life; it seemed appropriate for our new group! We meet on a Monday afternoon fortnightly.

The next one will be 14th March, 2pm. We are exploring the Holy Spirit and deepening our faith and fellowship as we share stories, experiences and understanding.

Rose & Nat



HOME MISSION STAMPS

Please save all your stamps and encourage family and friends to do so



Stamps should have a 12mm or 1/2 inch border, please then give them to Rita who will sort them and send them on our behalf.

Therefore encourage one another and build each other up, just as in fact you are doing" 1 Thess. 5:11



We need to encourage each other and stay connected. Do you have a Bible verse, poem, passage or song or any of the following? Something you are thankful for. Something that has made you laugh. If you have found something online that would be a good resource for us, please share. If you don't feel comfortable sharing in "person" this may be the way for you to encourage others.

Sarah



Prayers for Ukraine

Baptist World Alliance

A prayer of peace from Russian Baptist women.

Isaiah 43:19 – "Behold, I am going to do something new, Now it will spring up; Will you not be aware of it? I will even make a roadway in the wilderness."

Relying on God's promise and the power of prayers, we do believe that God is able to make a road to peace between our two countries. Russian women are praying and fasting in this critical situation and would like to share our commitment to pray in one spirit with European women and Baptist women worldwide:

Our Heavenly Father, we come to you with humble hearts as to the Lord of History who holds the destiny of Ukraine and Russia in His hands. Lord, we come to you in the name of your Son Jesus Christ, the Prince of Peace, who brought your Peace – Shalom – to the earth. Forgive us when we do not abide in your peace.

- We pray for people of the land of Ukraine whose dreams, hope, health, properties and life itself are damaged and destroyed. Be their hope, provider and healer.
- We pray for children and mothers who are vulnerable and live in fear for years. Protect them, comfort them, and embrace them with your love.
- We pray for wisdom for the leaders of Ukraine and Russia. Guide them toward the path of peace.

- We pray for the world leaders, politicians, and diplomats making efforts to solve the tension between Ukraine and Russia.
- We pray for military forces - that your commandment "you shall not kill" will have a mighty power over their hearts and minds.
- We proclaim your victory over all principalities and evil powers.

In the name of the Father, the Son, and the Holy Spirit – Amen!

Church of England

*Almighty God,
from whom all thoughts of truth and peace proceed:
kindle, we pray, in the hearts of all, the true love of peace
and guide with your pure and peaceable wisdom
those who take counsel for the nations of the earth
that in tranquillity your kingdom may go forward,
till the earth is filled with the knowledge of your love;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.*

*We pray for the leaders of the nations,
that you will guide them in the ways of freedom, justice and truth.*

We pray for those who bear arms on behalf of the nation,
that they may have discipline and discernment,
courage and compassion.

We pray for our enemies, and those who wish us harm,
that you will turn the hearts of all to kindness and friendship.

We pray for the wounded and the captive,
the grieving and the homeless,
that in all their trials they may know your love and support.

Most holy God and Father,
hear our prayers for all who strive for peace
and all who fight for justice.
Help us, who today remember the cost of war,
to work for a better tomorrow;
and, as we commend to you lives lost in terror and conflict,
bring us all, in the end, to the peace of your presence;
through Christ our Lord.
Amen.

United Reformed Church

God of all,
with alarm and concern we bring before you
the military intervention in Ukraine.

In a world you made for peace and flourishing,
we lament the use of armed force.

We mourn every casualty of this conflict,
every precious life extinguished by war.
We pray comfort for those who grieve
and those who are fearful.

Hear our longing that leaders and nations
will honour the worth of all people
by having the courage
to resolve conflict through dialogue.

May all our human failings be transformed
by your wonderful grace and goodness.

We ask this in the name of Christ,
the author of peace and sustainer of Creation.
Amen.

Methodist Church

Holy and Gracious God

We pray for the people of the Ukraine and the people of Russia; for their countries and their
leaders.

We pray for all those who are afraid; that your everlasting arms hold them in this time of great
fear.

We pray for all those who have the power over life and death; that they will choose for all
people life, and life in all its fullness.

We pray for those who choose war; that they will remember that you direct your people to turn
our swords into ploughshares and seek for peace.

We pray for leaders on the world stage; that they are inspired by the wisdom and courage of
Christ.

Above all, Lord, today we pray for peace for Ukraine.

And we ask this in the name of your blessed Son.

Lord have mercy. Amen

CAFOD

Loving God,
We pray for the people of Ukraine,
for all those suffering or afraid,
that you will be close to them and protect them.

We pray for world leaders,
for compassion, strength and wisdom to guide their choices.

We pray for the world
that in this moment of crisis,
we may reach out in solidarity
to our brothers and sisters in need.

May we walk in your ways
so that peace and justice
become a reality for the people of Ukraine
and for all the world.

Amen.

'How to join the Sunday Service via Zoom'.

1. Go onto the internet and type kcbchurch.org.uk
2. On the Home Page (the first page with the Coronavirus statement) in the top right-hand corner is a green bar and on it is written "online service" with an arrow.
3. Click on the green bar/arrow and you'll go straight to the video.
4. Either press play or it will automatically start playing

The screenshot shows the website for Kingsteignton Community Baptist Church. At the top left is the church logo, a blue cross with the text 'Kingsteignton Community Baptist Church'. To the right is a search bar and a green button labeled 'Online service' with a play icon. Below the logo is a navigation menu with links: 'Groups & Activities', 'Children & Youth', 'Future Events', 'Recent Events', 'In Our Community', and 'About Us'. The main content area has a heading 'A warm welcome to you' followed by a sub-heading '...from all at Kingsteignton Community Baptist Church'. Below this is a paragraph about COVID-19 measures: 'In light of the Coronavirus containment measures we have decided to suspend all activities at KCBC until we get the all-clear for groups to meet again ... in particular'. This is followed by a bulleted list: 'No Sunday service at the Community Hall', 'No KILTS', and 'Messy church cancelled for March, April and May. June to be decided on.'. Below the list is a paragraph: 'Our prayers are for some positive things to come out of this time for you and your family.' At the bottom left is a paragraph: 'We are pleased to welcome you to our website. Our church community is made up of people from many different stages of life and cultural backgrounds and we hope you will join us and find KCBC can be a place you can call 'home''. At the bottom right is a 'Contact us' section with email and phone numbers for the pastor, Rev. David Goddard. Below that is 'Sunday Meetings' information and a 'This week's newsletter' section. At the very bottom, there is a 'Useful links' section with a link to 'The Alpha Course'.

FREE NHS WELLBEING WORKSHOPS

Looking after your mental health and wellbeing has never been more important. This time of year can be particularly challenging for many, and as a result [TALKWORKS](#) (an NHS confidential talking therapy service, based in Devon) is running a selection of free wellbeing workshops, to help participants learn more about how they can improve their mental and physical wellbeing. All of the workshops are run online via Microsoft Teams, so that you can attend from the comfort of your own home or a location that's convenient for you.

The workshops cover a number of different topics, including:

- [TALKWORKS for Sleep](#): Do you struggle to get to sleep or find yourself waking up at night? TALKWORKS For Sleep is a two hour session looking at common sleep problems and evidence based ways of improving sleep
- [Stress Less with TALKWORKS](#): Stress can impact us all differently, and can be hard to manage. In this session, you'll be introduced to a range of techniques to help you manage stress and make manageable changes, to help you to feel healthier and happier
- [Introduction to Mindfulness](#): Take part in guided meditation practises and learn the benefits of mindfulness in this educational and informative 75 minute session
- [TALKWORKS for Talking Health](#): Do you, or does someone you love, live with a long term health condition? Learn more about how you can manage living with the condition and the support that TALKWORKS [Talking Health team](#) can give

If you are interested in finding out more, please visit the [Wellbeing Workshops page](#) on the TALKWORKS website, or call 0300 555 3344 to speak to a member of the team and book your place. You can also find out more about the support TALKWORKS can offer anyone living in Devon (over the age of 18) struggling with low mood, stress, sleep deprivation or anxiety on the [TALKWORKS website](#). As part of the NHS, all treatment is available free of charge.